



Health and safety/ Covid Policies for 2021-22

Please note, these policies are subject to change with notice.

GENERAL GUIDELINES

- Please enter through the door near your classroom.
 - Yellow and purple rooms enter through the front entrance
 - Blue and Green rooms enter through the back entrance
- Face coverings are currently optional as it is currently not mandated for studios/gyms, however we encourage you to read the CDC guidelines for ages 6-11 and consider their recommendations. We will monitor closely if these mandates change.
- Please bring your dancer 5 minutes early (not any sooner and try not to be late), so they can easily get to their classroom. At this time, we are trying to keep our lobbies more clear for our dancers that stay and need breaks and places to spread out and eat. We also want to limit mitigation as we are currently starting the year with choice for face coverings. If your dancer is 6 or under, we ask that only one parent escort them to class. If they need you to stay that's ok, if you think they will be ok, you may wait in the car or run an errand. We have all your information if we end up needing you during class time. At the end of class, dancers will exit through the door that they entered through at the start of class. If you wish to pick up your younger dancer inside the studio, you may come back at the very end of class. Please park your car in the lot and head inside to grab your dancer.
- Families with high-risk family members should consider participating in class through our zoom platform. Please contact the studio if this is needed for your family.
- Zoom is available for families who are unable to attend due to illness/medical reasons or if a dancer is quarantined. Zoom is not available for other reasons, like vacations etc.
- We will continue to consult and revisit each week as any changes occur. If there are any changes to this guideline you will be emailed right away.

HYGIENE

- We are still keeping our cleaning frequencies and increased sanitation procedures.
- Employees will wash hands and/or sanitize before and after each class.
- Our employees will not come to class when they are not feeling well and wait to return 72 hours.
- Hand sanitizing stations will be available at our entrances/exits of the classrooms if needed.
- Handwashing posters are clearly posted within bathrooms as friendly reminders.
- UV filters are used in all classrooms proven to mitigate the spread of any virus.

WELLNESS (IN FOLLOWING CURRENT CDC PROTOCOLS AS OF SEPT. 2021)

- Any staff member or student showing signs of sickness will be sent home and asked to wait 72 hours to return. They will not come to class with any symptoms or if exposed to a positive person.
- For our dancers and families, please do not attend classes if you have fever of 100.4 or higher, any covid symptoms, or live in a household with someone exhibiting symptoms. You can zoom.
- Please do not attend classes if you have tested positive for COVID-19 in the last 10 days.
- If your school has asked you to quarantine, we ask you to stay home from dance as well.

- If a student in your classroom has tested positive, you will be notified via email for your class on how to proceed if your dancer will need to quarantine. We have very helpful nurses at the Health Department that consult us on any circumstances that may arise that we need guidance.
- Current CDC guidelines for quarantine that we follow are:

Quarantine if you have been in close contact (within 3 feet for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has Covid-19, unless you have been fully vaccinated. People who are fully vaccinated do not need to quarantine after contact however should get tested 3-5 days after exposure. If you need to quarantine, you may return to dance after 10 days without testing or 7 days with a negative test result.

CLASSROOMS

- Please bring clearly labeled water bottles. This helps our dancers remain in the classroom.
- We are still asking dancers to bring all dance bags into the studio for changing shoes.
- The use of small handheld props and barres will be cleaned in between use.
- Please ask your dancer to remain kind and respectful of all dancers in the classroom.