

XP TRAINING TRACK 2026-27

The XP (XPression Prep) Training Track is designed for dancers who audition for the XPression Pre-Pro Company who are refining their technical skills and are ready to be pushed and challenged to continue growing in prep of being on the XPression Pre-Pro Company. Dancers may spend a few years in this program before being ready for the full XPression team. This decision will be up to the discretion of the teachers.

On XP Training Track, dancers will work together on developing technical and performance skills by receiving rigorous training once a week. They will learn 2-3 group dances to perform at ASH, DFX, and Pre-Professional Showcase. They will also have the opportunity to perform a solo or duet at the discretion of the teachers. This program is designed to grow our dancers and prep them for the highest level of dancing at Excel.

For more inquiries regarding XP Training Track, please reach Ms. Hailey at hailey.k.excel@gmail.com

REQUIREMENTS

- Must be in 6th - 12th grade
- Application due Monday before auditions (a link will be sent in a Google survey)
- Must also be on a Company Team (highly recommend XLR8 as well)
- Must be enrolled in genres of dances you are placed in (ex. If you are placed in a hip hop dance, you must be enrolled in a hip hop class for the entire year. Attendance will be tracked for required classes, and make-ups will be required in order to participate in performances.
- 7 Summer drop-in classes
- Attend DFX (Dance Force Xpress adjudication)
- Attend ASH Convention, ASH Showcase, plus one additional convention (ASH April 16th-18th can perform as early as 7 am on 16th)
- Allowed 4 excused absences throughout the year (make-ups required after 3)
- Expect mandatory weekend rehearsals throughout the year
- PBT (Progressive Ballet Technique) class required
- Participate in fundraisers to help cover costs for your family
- Guest choreographer dates will be set by July 1st. If unavailable, you will not be able to participate in that group dance
- Set aside the entire week of August 3rd for potential choreography. Know that choreography will take place outside of this week as well.

FINANCIALS

- Guest choreographer fee can range depending on the guest from \$600-\$800/dance divided by number of dancers
- 1-2 dances = \$20/month (covers guest teachers, admin, directors' time & travel)
- Additional convention fee = estimated \$170-\$365 (hotel additional, booked on own)
- Costume fee = \$80/costume (usually 1-2 costumes)
- ESTIMATE entry fee for events = \$90/dancer per group dance, \$215/solo, and \$125/person for duet (collected closer to event, not a part of bundle)
- ASH Showcase fee = \$85
- Reblocking Fee (for any dancer who decides not to finish the season = \$100 per dance (cover staff time & admin) plus entry fees covered for any dancer who will fill in)
- Any solo, duet, or trio is paid to the choreographer. \$65 separate studio rental and music cut fee is paid to the studio outside of your bundle.

*Any additional fees that will come up would be entry fees for conventions and any solo, duet, or trio fees. We also participate in various shows or visit colleges that sometimes add a small cost.

*Your total will be divided by 5 monthly payments on the 15th of each month (Aug.-Dec.) and run automatically using your tuition method. Please email Ms. Karly with questions.

